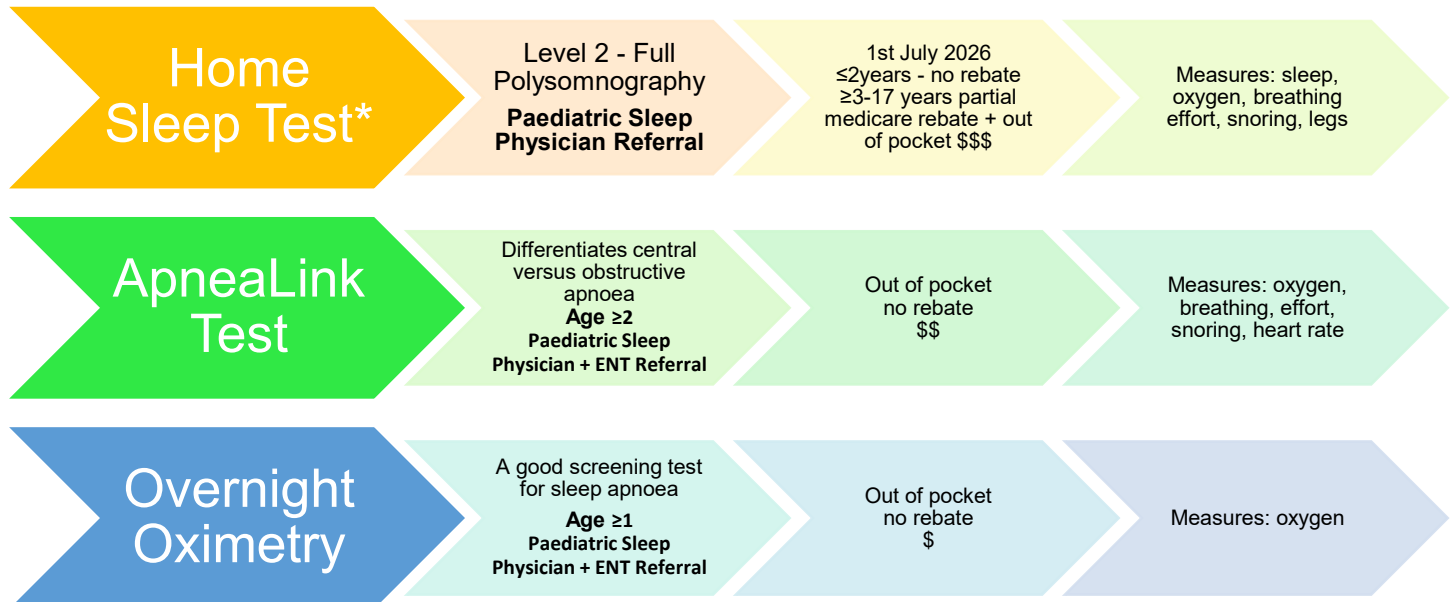


Paediatric Sleep Testing Options

HealthLink ID: PENSLEEP



- **Home Sleep Test** – *Paediatric Sleep and Respiratory Physician Referral
 - Full sleep test.
 - **Child set up by trained staff at Clinic, then sent home to sleep.**
 - Automatic on/off recording.
 - Parent/carer needs to apply one lead at bedtime (nasal cannula).
 - Device needs to be returned next day before 10am.
 - For non-complex patients requiring full sleep, respiratory and periodic limb movement analysis.

Age ≥3 years



- **ApneaLink Test** – *Paediatric Sleep and Respiratory Physician + ENT Referral
 - More complex screening test.
 - **Patient/parent/carer educated at Clinic.**
 - Manual on/off recording.
 - Clinic will setup and parent/carer needs to apply nasal cannula at bedtime (nasal cannula, effort band & oximeter).
 - Device needs to be returned next day before 10am.
 - Test can differentiate between obstructive and central sleep apnoea and allows scoring of desaturation clusters (McGill Score).

Age ≥2 years



- **Overnight Oximetry** – *Paediatric Sleep and Respiratory Physician + ENT Referral
 - Simple screening test.
 - **Patient/parent/carer educated at Clinic.**
 - Automatic on/off recording.
 - Clinic will apply sensor.
 - Device needs to be returned next day before 10am.
 - Test measures oxygen desaturation index (ODI) and basal saturation levels, including heart rate.

Age ≥1 year

Our reports include interpretation and recommendation with 7-10 day turnaround time.